

<JS1-3>

Lipid Management of Secondary Prevention in Japan Population : Differences and Similarities between East and West.

Hiroyuki Daida
Juntendo University, Japan

Although current guideline from US call for high-intensity statin therapy in patient with cardiovascular diseases on the bases of several previous "more versus less statin" trials, no clear evidence has been established in Asian population regarding high-intensity statin therapy. Furthermore, recent clinical trials using non-statin treatment supported the lower the better theory of targeting lower LDL-C levels in Western countries. In contrast, Japanese Atherosclerosis

Society guideline 2017 recommended modest LDL-C lowering as <100mg /dl for secondary prevention and <70mg/dl for very high risk patients group based on Japanese evidence. Because there are significant differences between western countries and Asia in terms of incidence and recurrence rate of the coronary artery disease, the strategy of cardiovascular disease prevention should vary among different populations.